



30th March 2020

Dear resident

COVID 19 – Kindness letter to Care home resident

Hi my name is Isobel, I am 12 years old and I go to Marshland High School in West Walton. I have a Chocolate Labrador puppy, she was 1 last month her name is Coco she is loving and very funny and crackers my mum calls her Coco-nuts. She loves the trampoline and she goes crazy for water. I'm sure one day shes going to jump in the bath with me if she was given a chance.

I usually go to Girl Guides and swim 2-3 times a week. But can't do these during isolation. When I'm not doing my school work which unfortunately for me I still have to do it but at home now. When my work is done I go out on my bike for a ride or on my trampoline, or have been playing games like Monopoly, Hangman.

I'm lucky as I have my garden that can go out play or chill in. It can't be nice for people who live in the city and in those big block of flats. Hopefully you have a garden at your care home or an outdoor space where you can get some fresh air, listen and watch the birds.

I think it is important that we listen and respect what we have been told to do by the government and try to stay positive. I can imagine you must get a little fed up and bored and have to stay in your room and not allowed visitor's if your lucky enough to have any at the moment. Just as a suggestion to pass a bit of time. Use the 1st letter of your name, and use this to think of a Colour, Flower, a Country, Girl's name, Boys name, type of food or drink. Something you'd wear. You could even do all the letters in your name or the whole alphabet. For example my name is Isobel so colour would be Indigo, flower Iris, food Ice-cream etc... Hopefully my letter has cheered you up and made you feel better stay safe.

Yours faithfully

Isobel

Student at Marshland High School

