

October 2025

Dear Parents & Carers

First Aid Course – Super Learning Day – 6th November 2025

As part of our Super Learning Day, pupils have the opportunity to learn important skills outside their normal timetable. On Thursday 6th November 2025, all Year 8 pupils will participate in a certificated First Aid course. This is a statutory requirement for all schools to teach, due to the life-saving difference that even basic First Aid Skills can make.

Act Fast First Aid are award winners for delivering first aid training in schools. Qualified instructors will instruct groups of students for the entire school day working on skills including: treating burns, performing CPR, using a defibrillator, assessing risk and many more.

This fantastic course costs in excess of £11 per student, which the school is subsidising. As you can appreciate, this is a significant amount for the whole year group and we are therefore asking for a voluntary contribution towards the total cost of up to £11.

Payment can be made via the 'clubs section' on MCAS and is called 'donation for first aid course', by Thursday 6th November 2025. Further remittance advice is available within the School's Charging and Remittance Policy (available on the School website).

Every student who completes the full course, participating in each individual session, will receive a recognised certificate at the end of the day.

Act Fast First Aid have a vision to "create a nation of young life-savers" and Marshland want to be a part of this positive movement. We place great emphasis on building student independence, responsibility and kindness in a productive and empowering way.

First Aid Important Information

The Act Fast First Aid Challenge is a practical and interactive session and learners will be required to take an active role of both rescuer and casualty. This will involve lying down, bending and kneeling, so if you feel that your child may need some adjustments to take a full and active part in the full day, then please let us know in advance.

Due to the interactive nature of the course, all students should arrive in school on the day in their comfortable PE uniform of blue or black trousers / shorts / leggings (no skirts), black or blue jumper/hoodie, white t-shirt and trainers, which will be worn all day. Long hair must be tied back. There will be a reminder assembly for students.

At the start of the day, the team will brief children on various areas and guidelines including:

- if at any time they feel uncomfortable, uneasy or being asked to do something they don't understand then they should immediately STOP and bring this to the attention of the lead trainer for guidance.
- they should always be aware of their own body, their back when lifting, knees when kneeling and never to do anything that they feel is beyond their personal ability.



West Walton, Wisbech, Cambridgeshire, PE14 7HA
Telephone 01945 584146
Email office@marshlandhigh.co.uk
Company Registration Number: 07546118

Headteacher: Mr C Jansen BA(Hons)
www.marshlandhigh.co.uk
Follow us on Twitter @MarshlandHS



- the importance of hygiene, so hands must be washed at every opportunity and to following cleaning methods advised, for example cleaning the CPR manikin with wipes between users.

We hope all students enjoy this fantastic opportunity to learn a new skill, develop confidence and to give something back to the wider community that we live in.

Yours faithfully,

Mr Stannard

Head of Character & Culture