

MHS Update – 9th October 2025

World Mental Health Day – 10th October 2025

As part of our recognition of World Mental Health Day on Friday 10th October, we are inviting all students to take part in our 'Tea and Talk' event during lunchtime.

The aim of Tea and Talk is to encourage open conversations about wellbeing and to remind students that it's okay to talk about how they're feeling. During lunchtime, students will have the opportunity to buy a cup of tea and a biscuit, and our Wellbeing Ambassadors will be available for anyone who would like a friendly chat or simply someone to listen. This is taking place M2, hot drinks are £1 and biscuits are 50p – cash only.

Supporting the mental health of young people is an important part of what we do at Marshland High. Adolescence can be a challenging time, and early recognition of mental health issues is key to ensuring students feel supported both in and out of school. Events like this are designed to promote kindness, connection and awareness among our school community.

We would appreciate your encouragement at home to talk with your child about the importance of looking after their mental wellbeing, just as we do their physical health.

If you would like any further information or support regarding your child's wellbeing, please do not hesitate to contact our pastoral or safeguarding team.

Thank you for your continued support in helping us make our school a safe and supportive environment for every student.

Children in Need Fundraiser

The Wet Sponge Throw at some of our staff generated £115 for Children in Need.

We will be holding our annual cake sale on Friday 14th November. Donations of cakes would be gratefully received. ***Please remember we are a nut free school.*** There will also be a 'guess the number of sweets in the jar' on the weeks leading up to the cake sale for 50p a guess. Remember cash only for cakes and the guesses.

SEND Coffee Mornings

As highlighted in the recent [SEND Newsletter](#) sent directly to families, our first Year 7 SEND coffee morning is on Thursday 23rd October from 9.30 to 11am.



West Walton, Wisbech, Cambridgeshire, PE14 7HA
Telephone 01945 584146
Email office@marshlandhigh.co.uk
Company Registration Number: 07546118

Headteacher: Mr C Jansen BA(Hons)
www.marshlandhigh.co.uk
Follow us on Twitter @MarshlandHS





Free Wallet Friendly Cookery Course for Families – Wisbech



Free
Wallet-Friendly
Cookery Course

Learn how to cook quick and healthy dishes that won't break the bank.

5 week course
Starts Thursday 6th November
10am-11:30am

Ferry Project Cookery School, 10a-14
South Brink, Wisbech, PE13 1JQ

Sign up today
alison.crouch@ferryproject.org.uk
01945 754080

Registered Charity
No. 1075389



Ferry Project



Sport Opportunities

Norwich City FC are holding Open Training Sessions at Wisbech St Mary Development Centre

We have a great opportunity for male students in Year 2–9 to attend a free trial training session at our Wisbech St Mary Development Centre

Training schedule (Fridays):

- U7 – U10: 5:30 pm – 7:00 pm
- U11 – U14: 7:00 pm – 8:30 pm

All sessions take place at the excellent facilities of **Wisbech St Mary Football Club**.

NEW HALF TERM - Norwich City Football Camp – Wisbech St Mary – 5 to 15 years Book online at: <https://www.abler.io/shop/ncfcd/holidaycamps?program=Q2x1YlNlcnZpY2U6NDU4Mzc=>

Any queries please contact Pip.Davis@canaries.co.uk



West Walton, Wisbech, Cambridgeshire, PE14 7HA

Telephone 01945 584146

Email office@marshlandhigh.co.uk

Company Registration Number: 07546118

Headteacher: Mr C Jansen BA(Hons)

www.marshlandhigh.co.uk

Follow us on Twitter @MarshlandHS





For Year 11 Students - Holbeach United Football College Placements – starting September 2026 – applications now open <https://www.holbeachunitedacademy.com/college-scholarship>

Apply at

<https://docs.google.com/forms/d/e/1FAIpQLSejP1vXbbnOOhfEc4oxNSJ2M3Tyj4tDY67jeTRHi1TQk8leFQ/viewform>

Top Bin Challenge!
Footgolf!
Football Darts!

Trophies, Medals & Prizes on offer!

WEDNESDAY, 29TH OCTOBER
9 AM – 3 PM

Spaces are LIMITED, Book Today!

www.desilvacoaching.uk Broadend Road East, Wisbech, PE14 7BQ 07467 608633

Come and try Girls Rugby

Training Sessions
Wednesday evenings 5:30pm - 7pm
Girls aged 11 (year 6) to 18 (year 13)

West Norfolk Rugby Girls' and Mini's Section

Come and try Mini's Rugby

Training Sessions
Sundays 9:30am - 11am
Boys/Girls U6 (year 1) U11 (year 6)
Boys U12 (year 7)

Find us at: Gatehouse Lane, North Wootton, King's Lynn, Norfolk PE30 3RJ
@westnorfolkladiesRFC @WestLadies @west_norfolk_rufc www.westnorfolkrugby.com

OCTOBER OPEN EVENT

TUESDAY 21ST OCTOBER
7:00PM TILL 8:30PM

WISBECH ST MARY FC, BEECHINGS CLOSE, PE13 4SS

RECRUITING BOYS & GIRLS NOW FOR SEPTEMBER 2026

Recruiting School Year 10's / 11's / 12's

LEARN | STUDY | TRAIN | PLAY

WHY US?

- TRAIN DAILY WITH A UEFA COACH AND PLAY MATCHES EACH WEEK WITH ADDITIONAL SHOWCASE GAMES V PROFESSIONAL CLUBS
- WATCH AND ANALYSE YOUR GAMES AND TRAINING BACK WITH VEO
- DIRECT LINKS WITH PROFESSIONAL CLUBS
- STUDY NCFE LEVEL 3 EXTENDED DIPLOMA IN SPORT OR BUSINESS (EQUIVALENT TO 3 A LEVELS)
- GCSE MATHS & ENGLISH RESITS (IF REQUIRED)
- PROGRESSION ONTO LOUGHBOROUGH COLLEGE / UNIVERSITY DEGREE PROGRAMME

ALL THE COURSE WILL BE HELD ONSITE AT WISBECH ST MARY FC WITH TRAINING TAKES PLACE ON THEIR BRAND NEW 3G PITCH

REGISTER YOUR INTEREST NOW
www.onetouchfootballacademy.co.uk

LEARN | STUDY | TRAIN | PLAY



West Walton, Wisbech, Cambridgeshire, PE14 7HA

Telephone 01945 584146

Email office@marshlandhigh.co.uk

Company Registration Number: 07546118

Headteacher: Mr C Jansen BA(Hons)

www.marshlandhigh.co.uk

Follow us on Twitter @MarshlandHS

