

WNAT SCHOOLS - WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	HUNTERS CHICKEN IN BBQ SAUCE	HAND MADE MEATBALLS WITH A RICH GARLIC AND TOMATO SAUCE SERVED WITH SPAGHETTI AND GARLIC BREAD	CHINESE CHICKEN AND MUSHROOM CHOW MEIN WITH SPECIAL RICE AND PRAWN CRACKERS	ROAST OF THE DAY ROAST PORK LOIN, ROAST TOPSIDE OF BEEF, CHICKEN BREAST SERVED WITH HOMEMADE YORKSHIRE PUDDINGS AND THYME SCENTED ROAST POTATOES	<u>FISH SHOP DAY</u> BREADED PLAICE, SCAMPI AND FRESH HOME BATTERED COD WITH LEMON AND HOMEMADE TARTARE SAUCE, CHICKEN BREAST NUGGETS
VEGETARIAN	CAULIFLOWER AND BROCCOLI CHEESE BAKE	QUORN MEATBALLS IN TOMATO SAUCE SERVED WITH PASTA	TUNA PASTA BAKE WITH MIXED SALAD OR SWEET CHILLI VEGETABLE NOODLES	STUFFED FIELD MUSHROOMS	OVEN ROASTED VEGETABLES WITH MIXED LEAVES IN A WHOLE MEAL HOAGIE ROLL WITH ROOT VEGETABLE CRISPS
TODAYS FRESH VEGETABLES	SWEETCORN AND GREEN BEANS	SWEETCORN	BATON CARROTS AND PEAS	ROAST PARSNIPS, CARROTS, CAULIFLOWER, BROCCOLI	HOMEMADE MUSHY PEAS, GARDEN PEAS
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
PASTA DISH	PENNE WITH CHOICE OF SAUCES & GLUTEN FREE PASTA AND SAUCE	TWISTS WITH CHOICE OF SAUCES & GLUTEN FREE PASTA AND SAUCE	SHELLS WITH CHOICE OF SAUCES & GLUTEN FREE PASTA AND SAUCE	FARFALLE WITH CHOICE OF SAUCES & GLUTEN FREE PASTA AND SAUCE	SPAGHETTI WITH CHOICE OF SAUCES & GLUTEN FREE PASTA AND SAUCE
DAILY SPECIALS	GRAB AND SALAD BOXES PLUS SALAD BAR	GRAB AND GO SALAD BOXES PLUS SALAD BAR	GRAB AND GO SALAD BOXES PLUS SALAD BAR	GRAB AND GO SALAD BOXES PLUS SALAD BAR	GRAB AN GO SALAD BOXES PLUS SALAD BAR
POTATOES	SWEET POTATO WEDGES	NEW POTATOES	WEDGES	ROAST POTATOES	CHIPS