

# WNAT SCHOOLS WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	SPICY BEEF BURRITO	SOUTHERN FRIED CHICKEN FILLET	MINCED BEEF LASAGNE, SERVED WITH GARLIC BREAD	ROAST CHICKEN, YORKSHIRE PUDDING & STUFFING	<u>FISH SHOP DAY</u> : BATTERED COD WITH LEMON, FISHFINGERS, FISHCAKES & GF FISHFINGERS
<b>VEGETARIAN</b>	VEGETABLE & BEAN FRITTATA	TOMATO, QUORN & MASCARPONE PASTA	QUORN LASAGNE, SERVED WITH GARLIC BREAD	CHEESE & POTATO QUESADILLA	CHEESE & TOMATO QUICHE
<b>TODAYS FRESH VEGETABLES</b>	SWEETCORN & CARROTS	CARROTS & BROCOLLI	PEAS & SWEETCORN	ROAST PARSNIPS, CARROTS, CAULIFLOWER, BROCCOLI	HOMEMADE MUSHY PEAS, GARDEN PEAS, BEANS
<b>POTATOES</b>	WEDGES	NEW POTATOES	DICED POTATOES	ROAST POTATOES	CHIPS
<b>DESSERT OF THE DAY</b>	JAM SPONGE & CUSTARD		CORNFLAKE TART & CUSTARD		CHOCOLATE SPONGE & CHOCOLATE SAUCE
<b>GRAB N GO MORNING</b>	BEEF & VEGETABLE PASTY, HASH BROWNS & WAFFLES	BACON & CHEESE PUFFS & PANCAKES	NACHOS & WAFFLES	STEAK BAKES	SAUSAGE ROLLS
<b>GRAB N GO LUNCH</b>	CHICKEN BURGERS	BEEF BURGERS	SAUSAGE ROLLS	HOT DOGS	