

Marshland Year 10 Tutor Time Plan

Week commencing	Monday		Tuesday		Wednesday		Thursday		Friday	
Colour key	Knowledge Organisers		Literacy		Safeguarding		Careers		Character education	
	Assembly		Numeracy Month		Other		Well-being			
	A, B, C	D, E, F	A, B, C	D, E, F	A, B, C	D, E, F			A, B, C	D, E, F
4 th Sept	Training day		Training day		Year 7/11 only		Timetables etc		What is C&C <ul style="list-style-type: none">Overview of what C&C is	
11 th Sept	Core values <ul style="list-style-type: none">Identify the core values		British Values <ul style="list-style-type: none">Identify the British values		Literacy		Assembly		Literacy	
18 th Sept	Literacy		Literacy		Literacy		Assembly		Assembly – sports hall	
25 th Sept	Literacy		Literacy		Literacy		Assembly		Safeguarding	
2 nd Oct	Literacy		Literacy		Literacy		Assembly		Literacy	
9 th Oct	Literacy		Literacy		Literacy		Assembly		Literacy	
16 th Oct	Literacy		Literacy		Literacy		Assembly		Training day	
Half term										
30 th Oct	Literacy		Literacy		Literacy		Assembly		Literacy	
6 th Nov	House match teams		Literacy		Literacy		Assembly		Assembly – sports hall	
13 th Nov	Literacy		Literacy		Assembly		Assembly		Literacy	
20 th Nov	Literacy		Literacy		SLD		Assembly		Literacy	
27 th Nov	Literacy		Literacy		Literacy		Assembly		Safeguarding	
4 th Dec	Literacy		Literacy		Literacy		Assembly		Literacy	
11 th Dec	Literacy		Literacy		Literacy		Assembly		Literacy	
18 th Dec	Literacy		Literacy		Literacy					
Xmas										
1 st Jan					Training day		NEACO lesson <ul style="list-style-type: none">CVs and cover letters		NEACO lesson <ul style="list-style-type: none">CVs and cover letters	
8 th Jan	NEACO lesson <ul style="list-style-type: none">CVs and cover letters		Maximising Your Potential Part 1 <ul style="list-style-type: none">What mistakes are made on CVs		Maximising Your Potential Part 2 <ul style="list-style-type: none">How to write a CV		Assembly – work experience CW		CVs - Do's and Don't's What should a CV include?	
15 th Jan	ICT Room CV/ cover letter	Unifrog <ul style="list-style-type: none">How to navigate Unifrog	ICT Room – CV/ cover letter	Unifrog <ul style="list-style-type: none">How to navigate Unifrog	Unifrog <ul style="list-style-type: none">How to navigate Unifrog	ICT Room CV/ cover letter	Assembly		Unifrog <ul style="list-style-type: none">How to navigate Unifrog	ICT Room – CV/ cover letter

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Week commencing	Monday		Tuesday		Wednesday		Thursday	Friday	
22 nd Jan	ICT Room – CV/ cover letter	Cover letters – part 1 <ul style="list-style-type: none"> What is a cover letter How to write one 	ICT Room – CV/ cover letter	Cover letters part 2 <ul style="list-style-type: none"> What is a cover letter How to write one 	Cover letters – part 1 <ul style="list-style-type: none"> What is a cover letter How to write one 	ICT Room – CV/ cover letter	Assembly	Cover letters part 2 <ul style="list-style-type: none"> What is a cover letter How to write one 	ICT Room – CV/ cover letter
29 th Jan	ICT Room – CV/ cover letter	The basics of interviews <ul style="list-style-type: none"> Tips for interviews Structure of an interview	ICT Room – CV/ cover letter	Safeguarding	The basics of interviews <ul style="list-style-type: none"> Tips for interviews Structure of an interview	ICT Room – CV/ cover letter	Assembly	Safeguarding	ICT Room – CV/ cover letter
5 th Feb	Working in... Creative Sectors <ul style="list-style-type: none"> Why work in the creative industry Which industries are creative		Volunteering: Exploring Volunteering <ul style="list-style-type: none"> What is volunteering and why is important 		Volunteering: Rights & Remuneration <ul style="list-style-type: none"> Explore your rights while volunteering for an organisation 		Assembly	Volunteering: How to Find Volunteering Placements <ul style="list-style-type: none"> Develop better awareness of the different ways of finding volunteer placements. 	
12 th Feb	Volunteering: How to Contact Organisations <ul style="list-style-type: none"> Develop confidence in contacting organisations for volunteering placements 		Work Experience - Health and Safety in the workplace <ul style="list-style-type: none"> Develop knowledge of health and safety in the workplace 		Work Experience - How to behave in the workplace <ul style="list-style-type: none"> Understand appropriate behaviour in the workplace 		Assembly	Interview Skills 1 <ul style="list-style-type: none"> To understand how to formulate strong answers to person and position specific questions. 	
Half term									
26 th Feb	Impact week								

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Week commencing	Monday		Tuesday		Wednesday		Thursday	Friday	
4 th Mar	ICT Room – CV/ cover letter	Interview Skills 2 <ul style="list-style-type: none">How to formulate strong answers to person and position specific questions.	ICT Room – CV/ cover letter	Safeguarding	Interview Skills 2 <ul style="list-style-type: none">How to formulate strong answers to person and position specific questions.	ICT Room – CV/ cover letter	Assembly	Safeguarding	ICT Room – CV/ cover letter
11 th Mar	ICT Room – CV/ cover letter	World of Work: Professional Networking <ul style="list-style-type: none">Importance of professional networking and how it can support your career	ICT Room – CV/ cover letter	Post-16 intentions <ul style="list-style-type: none">Why planning is important, and chance to record their Post-16 intentions	World of Work: Professional Networking <ul style="list-style-type: none">Importance of professional networking and how it can support your career	ICT Room CV/ cover letter	Assembly	Post-16 intentions <ul style="list-style-type: none">Why planning is important, and chance to record their Post-16 intentions	ICT Room – CV/ cover letter
18 th Mar	Year 10 PPE revision in forms								
25 th Mar									
Easter									
15 th April	Introduction to Apprenticeships in England and Wales <ul style="list-style-type: none">Understand what apprenticeships areIdentify different sectors you can do apprenticeships in		Rights of apprentices <ul style="list-style-type: none">Understand employment rights in relation to apprenticeships.		Degree Apprenticeships - The right choice for you? Part 1 <ul style="list-style-type: none">Understand more about degree apprenticeship pathways and start to research possibly opportunities.		Assembly	Degree Apprenticeships - The right choice for you? Part 2 <ul style="list-style-type: none">To understand more about degree apprenticeship pathways and start to research possibly opportunities.	

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22 nd April	University - The big debate! <ul style="list-style-type: none"> To develop an understanding of the pros and cons of going to University 	University terminology <ul style="list-style-type: none"> To understand the meaning of key terminology related to University. 	University vs apprenticeships - The big debate week 1 <ul style="list-style-type: none"> To understand the pathways you can take after leaving school and how to make well-informed decisions 	Assembly	University vs apprenticeships - The big debate week 2 <ul style="list-style-type: none"> To understand the pathways you can take after leaving school and how to make well-informed decisions
29 th April	Introduction to my mind 1 <ul style="list-style-type: none"> Identify the types of things that affect our mind Understand the positive and negative effects of our minds 	Introduction to my mind 2 <ul style="list-style-type: none"> Know the essential daily activities which contribute to having healthy mind 	Healthy Body, Healthy Mind Part one 1 <ul style="list-style-type: none"> Identify what good physical health and mental wellbeing is Understand the links between a healthy body and a healthy mind 	Assembly	Healthy Body, Healthy Mind Part one 2 <ul style="list-style-type: none"> Explore top tips to keep your physical and mental health in check
6 th May	Bank holiday	Numeracy Month	Numeracy Month	Assembly	Numeracy Month
13 th May	Numeracy Month	Numeracy Month	Numeracy Month	Assembly	Safeguarding
20 th May	Numeracy Month	Numeracy Month	Numeracy Month	Assembly	Numeracy Month
3 rd June	Numeracy Month	Numeracy Month	Numeracy Month	Assembly	Numeracy Month
10 th June	Healthy Body, Healthy Mind Part two 1 <ul style="list-style-type: none"> Understand the '5 ways of wellbeing' Identify how the '5 ways of wellbeing' can build your resilience 	Healthy Body, Healthy Mind Part two 2 <ul style="list-style-type: none"> Plan strategies to keep your mind and body healthy 	Mind-set assessment 1 <ul style="list-style-type: none"> Evaluate your own mindset and create a mindset profile 	Assembly	Sports day teams
17 th June	Mind-set assessment 2 <ul style="list-style-type: none"> Understand what your mindset profile group means 	Mind training part one 1 <ul style="list-style-type: none"> Understand growth & fixed mindset 	Mind training part one 2 <ul style="list-style-type: none"> Identify growth & fixed mindset characteristics 	Assembly	Mind training part two 1 <ul style="list-style-type: none"> Understand the importance of challenging yourself

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24 th June	Mental Toughness part one 1 <ul style="list-style-type: none"> Understand what mental toughness is. 	Mental Toughness part one 2 <ul style="list-style-type: none"> Identify strategies & techniques to be and feel mentally tough. 	RSE Day	Assembly	Mental Toughness part two 1 <ul style="list-style-type: none"> Understand 'why' we need to be mentally tough in different situations.
1 st July	Mental Toughness part two 2 <ul style="list-style-type: none"> Identify strategies and techniques to deal with different situations 	Mental Toughness part three 1 <ul style="list-style-type: none"> Understand what we mean by mental fitness 	Mental Toughness part three 2 <ul style="list-style-type: none"> Identify the physical and mental impact of technology on your health 	SLD	Safeguarding
8 th July	Work Experience Week - No tutor lessons				
15 th July	Resilience part 1 <ul style="list-style-type: none"> Understand the meaning of Resilience 	Resilience part 2 <ul style="list-style-type: none"> Identify techniques and strategies to be more be resilient 	Determination part 1 <ul style="list-style-type: none"> Understand what grit & determination mean. Why are they important? 	Assembly	Determination part 2 <ul style="list-style-type: none"> Identify how we can build and show grit & determination
Spare lessons	Feelings part 1 <ul style="list-style-type: none"> Understand what we mean by feelings 	Feeling part 2 <ul style="list-style-type: none"> Understanding the differences and links between feelings, emotions, belief, behaviours and mental health 	Emotions part 1 week 1 <ul style="list-style-type: none"> Understand what emotions are and how they differ from our feelings 	Emotions part 1 week 2 <ul style="list-style-type: none"> Identify strategies to regulate our emotions 	Emotions part 2 week 1 <ul style="list-style-type: none"> Understand what emotional intelligence is.
	Emotions part 2 week 2 <ul style="list-style-type: none"> Understand how your emotions can affect others 	Mental health 1 <ul style="list-style-type: none"> An introduction to mental health: what it is and who it affects 	Mental health 2 <ul style="list-style-type: none"> Understand common myths and facts around mental health 	Mental health 3 <ul style="list-style-type: none"> Identify the warning signs of poor mental health 	Stigma <ul style="list-style-type: none"> Understand what stigma is