

Year 7 Careers tutor lesson year plan

W/C	Lesson tittle	Lesson content
9/9	Introduction to the LORIC character development programme and PiXL Edge.	<ul style="list-style-type: none"> <li>• Introduce the LORIC programme</li> <li>• Understand what PiXL Edge is.</li> </ul>
16/9	LORIC logins and how to use the website.	<ul style="list-style-type: none"> <li>• Students to get their Edge logins</li> <li>• Students to develop an understanding of how to use the Edge website</li> </ul>
23/9	What is leadership and why is it important?	<ul style="list-style-type: none"> <li>• Understand who leaders are.</li> <li>• Discuss what their characteristics are.</li> <li>• Consider why we need leaders. What purpose do they serve?</li> </ul>
30/9	There's no 'I' in team	<ul style="list-style-type: none"> <li>• Define the term 'team'.</li> <li>• Discuss if it is possible for you to be 'in' a team and lead a team at the same time. What issues/concerns would you have?</li> <li>• Consider how this can impact the team dynamics.</li> </ul>
7/10	What is the difference between managing and leading?	<ul style="list-style-type: none"> <li>• Understand what leaders do that managers don't.</li> <li>• Discuss how you might get 'buy-in' by leading from the front.</li> <li>• Consider examples of leadership and management.</li> </ul>
14/10	Choosing Leaders	<ul style="list-style-type: none"> <li>• Understand how leaders are chosen/elected.</li> <li>• Discuss how leaders gain their position.</li> <li>• Consider instances where leaders have 'emerged'.</li> </ul>
28/10	Putting together a team	<ul style="list-style-type: none"> <li>• Understand what you need to consider when putting together a team.</li> <li>• Discuss who will be most effective in what roles.</li> <li>• Consider who would like different roles</li> </ul>
4/11	Motivational leadership	<ul style="list-style-type: none"> <li>• Understand that different people are motivated in different ways.</li> <li>• Discuss the different things that motivate people.</li> <li>• Consider how these can be incorporated into leadership.</li> </ul>

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11/11	Who am I as a leader?	<ul style="list-style-type: none"> <li>• Understand what is meant by common leadership characteristics.</li> <li>• Consider and discuss your strengths as a leader.</li> <li>• Reflect on group activities you have participated in and consider what your default behaviour in a group is.</li> </ul>
18/11	How do I like to be led?	<ul style="list-style-type: none"> <li>• Define different leadership approaches.</li> <li>• Think about what leadership approaches you respond well to.</li> <li>• Consider what your strengths and weaknesses as a leader might be.</li> </ul>
25/11	Motivating myself	<ul style="list-style-type: none"> <li>• Understand what motivates me.</li> <li>• Consider how I would motivate other people</li> </ul>
2/12	Introducing organisation	<ul style="list-style-type: none"> <li>• Define organisation.</li> <li>• Reflect on your own organisation.</li> <li>• Understand why it is important to be organised at secondary school.</li> </ul>
9/12	Organised problem solving	<ul style="list-style-type: none"> <li>• Understand the term organisation</li> <li>• Understand how to problem solve in an organised manner</li> <li>• Apply the principle of IDEAL to solve problems</li> </ul>
16/12	What does an organised person look like?	<ul style="list-style-type: none"> <li>• Understand there is more than one way to be organised.</li> <li>• Understand organised people share some characteristics.</li> </ul>
6/1	Organised leadership	<ul style="list-style-type: none"> <li>• Identify successful and unsuccessful leaders.</li> <li>• Identify the importance of organisation for successful leadership.</li> <li>• Reflect on your current level of organisation.</li> </ul>
13/1	Planning events	<ul style="list-style-type: none"> <li>• Understand the term organisation.</li> <li>• Understand how to organise an event, considering pre event, event and post event activities.</li> </ul>
20/1	Organisation in the future	<ul style="list-style-type: none"> <li>• Identify short, mid and long term goals.</li> <li>• Understand how to organise effectively in order to achieve goals.</li> </ul>

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27/1	Starting as we mean to go on	<ul style="list-style-type: none"> <li>• Understand why it is important to be organised at school.</li> <li>• Understand why being organised will help you in the future.</li> <li>• Set targets and small steps to help stay organised.</li> </ul>
3/2	Approaching challenges in an organised way	<ul style="list-style-type: none"> <li>• Understand the term organisation.</li> <li>• Understand how to organise an event, considering pre event, event and post event activities.</li> </ul>
10/2	What organisation techniques work for me	<ul style="list-style-type: none"> <li>• Understand the pros and cons of adopting flexible and structured approaches to organisation.</li> <li>• Understand the importance of recording key information.</li> </ul>
24/2	What does resilience mean?	<ul style="list-style-type: none"> <li>• Define resilience</li> <li>• Identify individuals that have demonstrated resilience</li> </ul>
2/3	What is 'growth mindset'?	<ul style="list-style-type: none"> <li>• Define growth mindset</li> <li>• Identify how you have already demonstrated a growth mindset</li> <li>• Understand the benefits of a growth mindset</li> </ul>
9/3	What makes people quit?	<ul style="list-style-type: none"> <li>• Understand that successful people have failed at some point in their lives.</li> <li>• Understand that you cannot make progress without making mistakes.</li> </ul>
16/3	Coping with change	<ul style="list-style-type: none"> <li>• Understand how change is positive</li> <li>• Identify strategies that will help you embrace change</li> </ul>
23/3	What are my strengths and weaknesses?	<ul style="list-style-type: none"> <li>• Identify your own strengths and weaknesses.</li> <li>• Understand how weaknesses are normal.</li> <li>• Understand how addressing your weaknesses is part of resilience.</li> </ul>
30/3	Overcoming barriers?	<ul style="list-style-type: none"> <li>• Identify common obstacles.</li> <li>• Identify potential strategies to overcome obstacles.</li> </ul>

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20/4	When am I resilient?	<ul style="list-style-type: none"> <li>• Reflect on your own successes and failures.</li> <li>• Know how to apply resilient attitudes to areas that you need to improve in.</li> </ul>
27/4	No mistakes = no progress	<ul style="list-style-type: none"> <li>• Understand that successful people have failed at some point in their lives.</li> <li>• Understand that you cannot make progress without making mistakes.</li> </ul>
4/5	Turning setbacks into success	<ul style="list-style-type: none"> <li>• Identify common obstacles</li> <li>• Identify potential strategies to overcome obstacles</li> </ul>
11/5	What is initiative?	<ul style="list-style-type: none"> <li>• You will know what is meant by 'initiative'.</li> <li>• Will be able to give an example of when initiative has been used .</li> </ul>
18/5	When did I last show initiative?	<ul style="list-style-type: none"> <li>• When did you last show initiative ?</li> <li>• Can you give examples of people showing initiative ?</li> </ul>
1/6	What's so good about showing initiative?	Today you will learn why showing initiative is attractive to employers.
8/6	Do I enjoy putting myself forward?	<ul style="list-style-type: none"> <li>• How proactive are you ?</li> <li>• Do you enjoy putting yourself forward for things?</li> <li>• Do you enjoy volunteering?</li> </ul>
15/6	Taking the initiative in my learning	<ul style="list-style-type: none"> <li>• You will learn how to use initiative in order to improve your skills in any area of interest that you may have.</li> </ul>
22/6	Initiative and growth mindset	<ul style="list-style-type: none"> <li>• What is meant by a 'Fixed Mindset' and a 'Growth Mindset'?</li> <li>• How can initiative help you change from a 'Fixed Mindset' to a 'Growth Mindset'?</li> </ul>

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29/6	How do I react when something goes wrong?	<ul style="list-style-type: none"><li>• How do you react when things go wrong ?</li><li>• How do you face your problems in a more positive way ?</li></ul>
6/7	Approaching problems with a clear head	<ul style="list-style-type: none"><li>• You will learn how to approach any problems in an organised way</li></ul>
13/7	Solution-based and problem-based thinking	<ul style="list-style-type: none"><li>• You will learn how to apply solution-based thinking to your learning</li></ul>