Physical Education

Marshland High School Specialist Science College West Norfolk

KS3 Curriculum Overview (Year 7 and 8)

Year 7

During Year 7 students...Acquire the major skills needed for various sports. Basketball and Netball are the only single sex PE lessons.

Autumn Term

Basketball (boys) Netball (girls), Hockey, Health Related Fitness.

Spring Term

Swimming, Trampolining, Table Tennis.

Summer Term

Athletics, Kwik Cricket, Tennis, Rounders.

Year 8

During Year 8 students...Further develop the major skills needed for the various sports. Basketball and Netball are the only single sex PE lessons.

Autumn Term

Basketball (boys) Netball (girls), Hockey, Health Related Fitness.

Spring Term

Swimming, Trampolining, Table Tennis

Summer Term

Athletics, Kwik Cricket, Tennis, Rounders.

