

| | Year 7 | | Year 8 | | Year 9 | | Year 10 | | Year 11 |
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| Term 1 – Healthy Minds with some links to the relationships strand of PSHE curriculum. | Lesson 1 – How can I make the most of opportunities? | Term 1 – Risks and Realities has a PSHE focus on both health and relationships (this unit is still being finalised) | Lesson 1 – What is risk? | Term 1 Safety has a PSHE focus on health and safety | Lesson 1 – The Drugs trade and the impact | Term 1 – Power unit has a Citizenship focus and covers different aspects of Life in Britain | Lesson 1 – How is power organised in Britain? | Term 1 and 2 – Preparing for life after Marshland – This year is a mix of PSHE, Citizenship and Religious Studies. The aim of the year is to prepare students for life after Marshland, looking at their finances, some of the risks they might face once they leave, and then looking at global issues and the wider world they will be a part of. | Lesson 1 – Cit - Understanding borrowing and debt |
| | Lesson 2 – How to build good relationships | | Lesson 2 – Stereotypes and Discrimination | | Lesson 2 – Drugs and Impact | | Lesson 2 – How do the people have power? | | Lesson 2 – Cit - Where does my pay go? |
| | Lesson 3 – Bullying | | Lesson 3 – Addictions | | Lesson 3 – Alcohol and Tobacco | | Lesson 3 – Other systems of government | | Lesson 3 – PSHE - Gambling – the Law and addictions |
| | Lesson 4 – How do we treat others with respect? | | Lesson 4 - Gangs | | Lesson 4 – Body Image | | Lesson 4 – Powers within Britain and with the wider world. | | Lesson 4 - PSHE - Adult Health |
| | Lesson 5 – How do I make good choices with my money? | | Lesson 5 – Media and Relationships | | Lesson 5 – Gender Identity | | Lesson 5 – Human Rights and International Law | | Lesson 5 – PSHE - At the Party |
| | Lesson 6 – What impact does the media have on me? | | Lesson 6 - Consent | | Lesson 6 – Financial Safety | | Lesson 6 –Power to the People | | Lesson 6 – PSHE - Harassment |
| | Lesson 7 – Online Behaviours | | Lesson 7 – Keeping safe in relationships | | Lesson 7 – Female Genital Mutilation | | Lesson 7 – The Power of the Law | | Lesson 7 – PSHE - Racism |
| | Lesson 8 – Mental Health | | Lesson 8 – Mental Health | | | | | | |
| Term 2 – Health and Wellbeing which links to the health strand of PSHE curriculum | Lesson 1 – Family Wellbeing | Term 2 – British Democracy has a mostly Citizenship focus and looks at democracy in Britain. | Lesson 1 – What is Democracy, and how does ours work? | Term 2 – Sex and Relationships has a PSHE focus on health and relationships | Lesson 1 – Sex, Relationships and the Law | Term 2 – Health and Safety has a PSHE focus and aims to refresh different aspects of KS3 learning | Lesson 1 – What happens if you break the law? | | Lesson 8 – RS Racism |
| | Lesson 2 - Puberty | | Lesson 2 – How do elections work? | | Lesson 2 – Sex, Relationships and being ready | | Lesson 2 – Knife Crime | | Lesson 9 – RS – Global Poverty |
| | Lesson 3 – Healthy Bodies and Minds | | Lesson 3 and 4 – Mock Election | | Lesson 3 – Sex, Relationships and Parenthood | | Lesson 3 – Health and Wellbeing | | Lesson 10 – RS – Treatment of Women |
| | Lesson 4 – Healthy Lives | | Lesson 5 – What does the Queen do? | | Lesson 4 – Sex, Relationships and STIs | | Lesson 4 – Sex and Relationships | | Lesson 11 – RS - Medical Ethics |
| | Lesson 5 - Smoking | | Lesson 6 – Political Participation | | Lesson 5, Sex, Relationships and Contraception | | Lesson 5 – Drugs and County Lines | | Lesson 12 – RS – Peace and War |
| | Lesson 6 – Road Safety | | Lesson 7 – What was Brexit? | | Lesson 6 – Sex, Relationships and the Media | | Lesson 6 – Extreme Behaviours | | Lesson 13 – PSHE/Cit – Getting ready for summer |
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| Term 3 – Community unit with some links to the living in the wider world strand of PSHE curriculum | Lesson 1 – Community Cohesion | Term 3 – Global Issues and Making a Change continues the citizenship focus with some elements of PSHE | Lesson 1 – Global Issues – Human Rights | Term 1 Life in Modern Britain has a mostly Citizenship focus with some British Values themes embedded. | Lesson 1 – Britain as a multicultural country | Term 3 – Birth, Life and Death has a Religious Studies focus and looks at different aspects of birth, life and death. It also aims to explore some of the KS4 PSHE themes with different religious and ethical viewpoints. | Lesson 1 –Fertility, Pregnancy and Birth | | |
| | Lesson 2 – Who helps our community function? | | Lesson 2 - Global Issues - Dictatorships | | Lesson 2 – Identity and Diversity in Modern Britain | | Lesson 2 – Relationships – marriage and divorce | | |
| | Lesson 3 – Community Health | | Lesson 3 – Global Issues - Extremism and Radicalisation | | Lesson 3 – The Rule of Law in Modern Britain | | Lesson 3 – Families | | |
| | Lesson 4 - Environment | | Lesson 4 – Global Issues - Terrorism | | Lesson 4 – Britain as part of key International Organisations | | Lesson 4 – Personal Conflict – Prejudice and Discrimination | | |
| | Lesson 5 – 7 Improving your community | | Lesson 5 - What are Pressure Groups | | Lesson 5 – The Free Press as part of a Democracy | | Lesson 5 –Global Conflict – Protests, Riots and Terrorism | | |
| | | | | | Lesson 6 – How can the media be used to help people? | | Lesson 6 –Death – what happens when you die? | | |
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Please note that the Skills for Life Curriculum is reactive to growing issues and therefore it is possible that the above curriculum will be changed to meet emerging needs or for other relevant reasons. Any changes made will still fit within the Department’s plan of following the statutory guidance from DfE on Relationships and Sex Education, Health Education and Citizenship.

The school considers that there are no full lessons which only focus on the 'sex' element of the statutory guidance which pupils can be removed from as they also contain elements of relationships, health or internet/online safety.

However, there are elements of the below lessons which focus on sex. Further details are contained in the school policy should parents/carers wish to discuss removal from parts of these lessons:

Year 9 – sex, relationships and being ready

Year 10 – sex and relationships