



## KS4 Curriculum Overview

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### Cambridge Nation Health and Social Care

4 units – 2 compulsory and 2 optional

3 units assessed through coursework and 1 unit assessed by exam (compulsory)

### Year 10 2020-2021

#### Autumn Term

##### RO22

Effective communication is important to an individual's well-being in everyday life. Practitioners need to communicate with and make connections with individuals using services all the time and it is their ability to utilise good communication skills and personal qualities that means they are able to communicate with and relate to those individuals effectively. Through this unit, learners will gain an understanding of the different types of communication, the importance of good communication, the factors that influence effective communication and ways to overcome barriers, and an understanding of the qualities that contribute to effective practical care. These are transferable skills that can be used in everyday life. Being able to communicate effectively and to employ personal qualities to relate to others can influence every aspect of a person's life, providing a key foundation on which to grow.

Coursework unit deadline Christmas break.

#### Spring Term

##### RO31

In this unit, students will learn how to assess the scene of an accident and the immediate action that should be taken. They will also learn about the different types of health emergency that can occur in health and social care and develop an understanding of how to carry out first aid procedures for those health emergencies. Students will have the chance to demonstrate basic first aid procedures. This unit does not make students qualified first aiders but will help to develop their confidence, knowledge and understanding of what should be done should they experience an emergency situation

Coursework unit deadline Easter break.

#### Summer Term

##### RO23

This unit introduces three major body systems: The cardiovascular, respiratory and digestive systems. Students will develop a broad knowledge and understanding of how the body works and keeps us alive through the functions of major organs and the interaction of the three body systems. Students will learn what happens when the body systems do not function correctly, by exploring the symptoms of disorders and looking at how these affect the health and wellbeing of an individual. They will discover the methods and techniques used to diagnose different types of disorders. Students will find about methods that can be used to assess how well the cardiovascular, respiratory and digestive systems are working, with the opportunity to carry out basic measures of health and learn how to analyse results.



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### Year 11 2020 -2021

#### Autumn Term

##### RO21

Many individuals who use services often feel vulnerable and are lacking in confidence. If staff are friendly in their approach, apply the values of good care and are supportive, as well as following the accepted procedures; those using the service will feel respected and assured that all is being done to promote their health and well-being. Students will gain an understanding of care values and how to provide quality care for individuals, helping them to achieve their goals and how to apply these values so that individuals feel valued. Students will also gain an understanding of how regulatory frameworks aim to protect both individuals and care workers in settings and how procedures that are in place in care settings, aim to promote standards of hygiene and maintain safety and security for all who use or work within the setting. This unit will prepare students for the work place, enabling them to gain an understanding of how the values of care should be applied and how maintaining the rights of individuals will enable them to feel valued.

Exam: January 2021

#### Spring Term

##### RO23

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Coursework unit deadline Easter break.

#### Summer Term

RO21 resit option