



Section B—Options Choice Subjects

Physical Education GCSE

The PE department offers a GCSE pathway at Key Stage 4. When opting for this subject you will start with the unit of work based around the Applied Anatomy and Physiology unit. We have a strong bank of PowerPoint resources to help the pupils learn with in the classroom environment. We also have heavily invested in a virtual PE learning platform called The Everlearner. This is free for our pupils having already been purchased by the trust for us. This is designed to help supplement pupils learning via offering an independent learning opportunity, support with revision for tests and drives homework.

It is important to note that a successful candidate for the PE course will already be a member of a club 'outside' of school, eg, Hockey team member, Netball team member, Horse riding school, Athletics squad member, Dance school attendee, Football team member. This way they will be a mini expert in one sport (pupils need 3 sports to be assessed for the practical element.) and this is seen as an important requirement.

Pupils also need to be aware that much time is needed to be spent on practical clubs that are offered by the department in extra curricular clubs.

GCSE PE

The course:

Students will study a range of sports including football, hockey, netball, table tennis, trampolining, cricket, athletics, handball, basketball, and badminton, tennis. The definitive list of sports can be found at <http://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/GCSE-physical-education-2016-specification.pdf> (page 21, 22 and 23)

Topics and themes explored include:

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data
- Sport psychology
- Socio-cultural influences
- Health, fitness and well being
- Practical performance
- Performance analysis and evaluation.





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Assessment

Two written exams - 60%

Personal exercise plan (PEP) - 10%

Practical assessment (x3) - 30%

Based on three sporting activities assessed continually throughout the course and verified by external moderation in Year 11.

The sports followed need to cover the following criteria: one team sport, one individual sport and another (of either). Pupils will follow the two year scheme of work (practical) as a class, and be put into a sport to study. There is not a free choice.

Final award: GCSE grades 1-9, 9 being highest.



In order to succeed students will need:

- Commitment to work steadily throughout Years 10 and 11.
- To produce regular quality work and meet all deadlines.
- A need to immerse themselves in The Everlearner learning platform.
- A desire to act on feedback to improve.
- An interest in participating in sport and great attendance in practical lessons.

Where next?:

The course leads on to further L2 and L3 qualifications, including: A level PE, BTEC National Diploma, BTEC coaching courses, uniformed services.

Following further study, students could progress to employment in a related field, such as physiotherapy, leisure management, sports instructors/coaches, dieticians, nutritionists, and sports psychology.