

Year 7 Careers tutor lesson year plan

W/C	Lesson tittle	Lesson content
W/C 6 <sup>th</sup> Sept		
W/C 13 <sup>th</sup> Sept	LORIC – Introduction	<ul style="list-style-type: none"> <li>• Identify important skills/personality traits and virtues that you will require in the workplace to be successful.</li> <li>• Discuss if these skills will be important in school.</li> <li>• Identify what LORIC stands for.</li> </ul>
W/C 20 <sup>th</sup> Sept	LORIC – Introduction part 2	<ul style="list-style-type: none"> <li>• Understand what the five LORIC attributes are.</li> <li>• Identify examples of when you may use the five LORIC attributes.</li> </ul>
W/C 27 <sup>th</sup> Sept	What is leadership and why is it important?	<ul style="list-style-type: none"> <li>• Understand who leaders are.</li> <li>• Discuss what their characteristics are.</li> <li>• Consider why we need leaders. What purpose do they serve?</li> </ul>
W/C 4 <sup>th</sup> Oct	There’s no ‘I’ in team	<ul style="list-style-type: none"> <li>• Define the term ‘team’.</li> <li>• Discuss if it is possible for you to be 'in' a team and lead a team at the same time. What issues/concerns would you have?</li> <li>• Consider how this can impact the team dynamics.</li> </ul>
W/C 11 <sup>th</sup> Oct	What is the difference between managing and leading?	<ul style="list-style-type: none"> <li>• Understand what leaders do that managers don’t.</li> <li>• Discuss how you might get ‘buy-in’ by leading from the front.</li> <li>• Consider examples of leadership and management.</li> </ul>
W/C 18 <sup>th</sup> Oct	Choosing Leaders	<ul style="list-style-type: none"> <li>• Understand how leaders are chosen/elected.</li> <li>• Discuss how leaders gain their position.</li> <li>• Consider instances where leaders have 'emerged'.</li> </ul>
W/C 1st Nov	Unifrog Recap	<ul style="list-style-type: none"> <li>• Recap the Unifrog, how to use and what it is.</li> </ul>

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W/C 8 <sup>th</sup> Nov	Core Values Hero Launch	
W/C 15 <sup>th</sup> Nov	Putting together a team	<ul style="list-style-type: none"> <li>• Understand what you need to consider when putting together a team.</li> <li>• Discuss who will be most effective in what roles.</li> <li>• Consider who would like different roles</li> </ul>
W/C 22 <sup>nd</sup> Nov	Motivational leadership	<ul style="list-style-type: none"> <li>• Understand that different people are motivated in different ways.</li> <li>• Discuss the different things that motivate people.</li> <li>• Consider how these can be incorporated into leadership.</li> </ul>
W/C 29 <sup>th</sup> Nov	Who am I as a leader?	<ul style="list-style-type: none"> <li>• Understand what is meant by common leadership characteristics.</li> <li>• Consider and discuss your strengths as a leader.</li> <li>• Reflect on group activities you have participated in and consider what your default behaviour in a group is.</li> </ul>
W/C 6 <sup>th</sup> Dec	How do I like to be led?	<ul style="list-style-type: none"> <li>• Define different leadership approaches.</li> <li>• Think about what leadership approaches you respond well to.</li> <li>• Consider what your strengths and weaknesses as a leader might be.</li> </ul>
W/C 13 <sup>th</sup> Dec	Motivating myself	<ul style="list-style-type: none"> <li>• Understand what motivates me.</li> <li>• Consider how I would motivate other people</li> </ul>
W/C 3 <sup>rd</sup> Jan	Introducing organisation	<ul style="list-style-type: none"> <li>• Define organisation.</li> <li>• Reflect on your own organisation.</li> <li>• Understand why it is important to be organised at secondary school.</li> </ul>
W/C 10 <sup>th</sup> Jan	Organised problem solving	<ul style="list-style-type: none"> <li>• Understand the term organisation</li> <li>• Understand how to problem solve in an organised manner</li> <li>• Apply the principle of IDEAL to solve problems</li> </ul>
W/C 17 <sup>th</sup> Jan	Core Values Hero update  What does an organised person look like?	<ul style="list-style-type: none"> <li>• Understand there is more than one way to be organised.</li> </ul>

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		<ul style="list-style-type: none"> <li>Understand organised people share some characteristics.</li> </ul>
W/C 24 <sup>th</sup> Jan	Organised leadership	<ul style="list-style-type: none"> <li>Identify successful and unsuccessful leaders.</li> <li>Identify the importance of organisation for successful leadership.</li> <li>Reflect on your current level of organisation.</li> </ul>
W/C 31 <sup>st</sup> Jan	Planning events	<ul style="list-style-type: none"> <li>Understand the term organisation.</li> <li>Understand how to organise an event, considering pre event, event and post event activities.</li> </ul>
W/C 7 <sup>th</sup> Feb	Apprenticeship week  Organisation in the future	<ul style="list-style-type: none"> <li>Identify short, mid and long term goals.</li> <li>Understand how to organise effectively in order to achieve goals.</li> </ul>
W/C 21 <sup>st</sup> Feb	Literacy focus week  Starting as we mean to go on	<ul style="list-style-type: none"> <li>Understand why it is important to be organised at school.</li> <li>Understand why being organised will help you in the future.</li> <li>Set targets and small steps to help stay organised.</li> </ul>
W/C 28 <sup>th</sup> Feb	Careers Week  Approaching challenges in an organised way	<ul style="list-style-type: none"> <li>Understand the term organisation.</li> <li>Understand how to organise an event, considering pre event, event and post event activities.</li> </ul>
W/C 7 <sup>th</sup> Mar	What organisation techniques work for me	<ul style="list-style-type: none"> <li>Understand the pros and cons of adopting flexible and structured approaches to organisation.</li> <li>Understand the importance of recording key information.</li> </ul>
W/C 14 <sup>th</sup> Mar	What does resilience mean?	<ul style="list-style-type: none"> <li>Define resilience</li> <li>Identify individuals that have demonstrated resilience</li> </ul>
W/C 21 <sup>st</sup> Mar	What is 'growth mindset'?	<ul style="list-style-type: none"> <li>Define growth mindset</li> </ul>

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		<ul style="list-style-type: none"> <li>• Identify how you have already demonstrated a growth mindset</li> <li>• Understand the benefits of a growth mindset</li> </ul>
W/C 28 <sup>th</sup> Mar	What makes people quit?	<ul style="list-style-type: none"> <li>• Understand that successful people have failed at some point in their lives.</li> <li>• Understand that you cannot make progress without making mistakes.</li> </ul>
W/C 18 <sup>TH</sup> April	Coping with change	<ul style="list-style-type: none"> <li>• Understand how change is positive</li> <li>• Identify strategies that will help you embrace change</li> </ul>
W/C 25 <sup>th</sup> April	What are my strengths and weaknesses?	<ul style="list-style-type: none"> <li>• Identify your own strengths and weaknesses.</li> <li>• Understand how weaknesses are normal.</li> <li>• Understand how addressing your weaknesses is part of resilience.</li> </ul>
W/C 2 <sup>nd</sup> May	Overcoming barriers?	<ul style="list-style-type: none"> <li>• Identify common obstacles.</li> <li>• Identify potential strategies to overcome obstacles.</li> </ul>
W/C 9 <sup>th</sup> May	When am I resilient?	<ul style="list-style-type: none"> <li>• Reflect on your own successes and failures.</li> <li>• Know how to apply resilient attitudes to areas that you need to improve in.</li> </ul>
W/C 16 <sup>th</sup> May	Turning setbacks into success	<ul style="list-style-type: none"> <li>• Identify common obstacles</li> <li>• Identify potential strategies to overcome obstacles</li> </ul>
W/C 23 <sup>rd</sup> May	No mistakes = no progress	<ul style="list-style-type: none"> <li>• Understand that successful people have failed at some point in their lives.</li> <li>• Understand that you cannot make progress without making mistakes.</li> </ul>

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W/C 6 <sup>th</sup> June	What is initiative?	<ul style="list-style-type: none"> <li>You will know what is meant by 'initiative'.</li> <li>Will be able to give an example of when initiative has been used .</li> </ul>
W/C 13 <sup>th</sup> June	When did I last show initiative?	<ul style="list-style-type: none"> <li>When did you last show initiative ?</li> <li>Can you give examples of people showing initiative ?</li> </ul>
W/C 20 <sup>th</sup> June	What's so good about showing initiative?	Today you will learn why showing initiative is attractive to employers.
W/C 27 <sup>th</sup> June	Do I enjoy putting myself forward?	<ul style="list-style-type: none"> <li>How proactive are you ?</li> <li>Do you enjoy putting yourself forward for things?</li> <li>Do you enjoy volunteering?</li> </ul>
W/C 4 <sup>th</sup> July	Taking the initiative in my learning	<ul style="list-style-type: none"> <li>You will learn how to use initiative in order to improve your skills in any area of interest that you may have.</li> </ul>
W/C 11 <sup>th</sup> July	Initiative and growth mindset	<ul style="list-style-type: none"> <li>What is meant by a 'Fixed Mindset' and a 'Growth Mindset'?</li> <li>How can initiative help you change from a 'Fixed Mindset' to a 'Growth Mindset'?</li> </ul>
W/C 18 <sup>th</sup> July	How do I react when something goes wrong?	<ul style="list-style-type: none"> <li>How do you react when things go wrong ?</li> <li>How do you face your problems in a more positive way ?</li> </ul>
	Approaching problems with a clear head	<ul style="list-style-type: none"> <li>You will learn how to approach any problems in an organised way</li> </ul>
	Solution-based and problem-based thinking	<ul style="list-style-type: none"> <li>You will learn how to apply solution-based thinking to your learning</li> </ul>
		<ul style="list-style-type: none"> <li></li> </ul>