

Year 9 Careers tutor lesson year plan

W/C	Lesson title	Lesson content
W/C 6 th Sept		
W/C 13 th Sept	What is strong leadership?	<ul style="list-style-type: none"> • Understand the importance of both empathy and evidence-based decision-making in effective leadership. • Consider if you should lead with your heart or head. • Discuss what happens when you are too far on one side.
W/C 20 th Sept	Command and control versus discuss and decide	<ul style="list-style-type: none"> • Understand the pros and cons of both the 'command and control' and the 'discuss and decide' approaches to leadership. • Consider examples of when each would be appropriate and when it might not be.
W/C 27 th Sept	When Leaders make mistakes	<ul style="list-style-type: none"> • Define what is meant by the word 'mistake'. • Discuss what happens when a leader makes a mistake. • Consider what they need to do in order to regain trust.
W/C 4 th Oct	Leadership and humanity	<ul style="list-style-type: none"> • Understand what is meant by the word 'humility' and why it is important in leadership. • Consider when leaders act and when they should listen. • Understand the balance between confidence and humility that is needed to be an effective leader. •
W/C 11 th Oct	What organisation skills do I need at school?	<ul style="list-style-type: none"> • Identify what needs organising at school. • Understand why it is important to be organised. • Understand how you can achieve a balanced life.
W/C 18 th Oct	Presenting organised arguments	<ul style="list-style-type: none"> • Develop logical arguments. • Organise arguments.
W/C 1st Nov	Unifrog recap	<ul style="list-style-type: none"> • Recap what Unifrog is and how to use it.

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W/C 8 th Nov	Core Values Hero's launch	
W/C 15 th Nov	Balancing importance and urgency	<ul style="list-style-type: none"> • Understand the term important. • Understand the term urgent. • Understand how to prioritise urgent and important tasks.
W/C 22 nd Nov	Organising with clear communication	<ul style="list-style-type: none"> • Understand that organisations need clear messages. • Understand roles in organisations.
W/C 29 th Nov	Organising 'things and organising myself	<ul style="list-style-type: none"> • Identify strengths and weaknesses. • Identify effective organisation strategies.
W/C 6 th Dec	Organisation and curricular studies	<ul style="list-style-type: none"> • Identify your own strengths and weaknesses. • Create an action plan
W/C 13 th Dec	Emotional, psychological and physical resilience	<ul style="list-style-type: none"> • What's the difference between the 3 areas above?
W/C 3 rd Jan	Breaking down the journey	<ul style="list-style-type: none"> • Set short-term and long-term goals for yourself • Establish strategies to help you achieve your goals
W/C 10 th Jan	What is my motivation	<ul style="list-style-type: none"> • What do you think motivates people?
W/C 17 th Jan	Core Values Hero Using PLCs to support resilience	<ul style="list-style-type: none"> • What tools are available to help us remain resilient in the build-up to exams?
W/C 24 th Jan	Motivating myself	<ul style="list-style-type: none"> • Consider what motivates you to complete tasks
W/C 31 st Jan	Self evaluation and self-criticism	<ul style="list-style-type: none"> • Understand the difference between self-evaluating and self-criticism.
W/C 7 th Feb	Apprenticeship Week From setbacks to success	<ul style="list-style-type: none"> • You will learn how using initiative can play a part in turning setbacks into successes.

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W/C 21 st Feb	Literacy focus week Spotting a gap in the market	<ul style="list-style-type: none"> Understand the role that initiative plays in spotting a “gap in the market”
W/C 28 th Feb	Carers Week Active learning	<ul style="list-style-type: none"> You will learn that learning is not a passive process.
W/C 7 th Mar	Continual challenge	<ul style="list-style-type: none"> Learn how continual challenge leads to improvement. Understand how seeking challenge is a key aspect of demonstrating initiative.
W/C 14 th Mar	Working independently	<ul style="list-style-type: none"> You will learn the importance of working independently and develop strategies for finding answers.
W/C 21 st Mar	Positive thinking	<ul style="list-style-type: none"> Be able to recall the beneficial effects of positive thinking!
W/C 28 th Mar	What do I find effective?	<ul style="list-style-type: none"> Review different mediums of communication. Understanding which medium best suits which individuals.
W/C 18 TH April	The ‘echo chamber’	<ul style="list-style-type: none"> Understand what is an echo chamber Understand what natural groupings are.
W/C 25 th April	Giving and receiving constructive criticism	<ul style="list-style-type: none"> Understand the difference between constructive and destructive criticism. Understand how criticism can make people feel.
W/C 2 nd May	Disagreeing with opinions	<ul style="list-style-type: none"> Understand why arguments take place. Understand what an ad hominem argument is.
W/C 9 th May	Interviews	<ul style="list-style-type: none"> Understand the importance of interviews Understand the importance of preparing for an interview.
W/C 16 th May	Career pathway	<ul style="list-style-type: none"> What communication skills are required in the job you would like to have.
W/C 23 rd May	Personal growth 1	<ul style="list-style-type: none"> Understand what is meant by personal growth

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		<ul style="list-style-type: none"> • Identify life ambitions and create your own vision
		<ul style="list-style-type: none"> •
W/C 6 th June	Personal growth 2	<ul style="list-style-type: none"> • Identify ways in which you want to develop yourself • Make a personal growth plan to achieve your life vision
W/C 13 th June	Challenges	<ul style="list-style-type: none"> • Understand the benefits of facing challenges • Develop teamwork skills to face new challenges • Set yourself some mini-challenges
W/C 20 th June	Opportunities	<ul style="list-style-type: none"> • Understand the importance of taking opportunities • Identify ways to seize the moment
W/C 27 th June	Hobbies	<ul style="list-style-type: none"> • Understand the importance of hobbies in life • Identify personal hobbies to pursue
W/C 4 th July	Achievement	<ul style="list-style-type: none"> • Understand the importance of achieving in life • Create your own crazy goals and achievement plan
W/C 11 th July	Health Routines 1	<ul style="list-style-type: none"> • Understand the importance of routines • Evaluate your own routines
W/C 18 th July	Health Routines 2	<ul style="list-style-type: none"> • Track your daily energy levels • Prioritise your daily lifestyle habits • Plan and develop your own balanced daily routine