

| Year 10 year plan | | | | | | | | | | |
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| Colour key | Knowledge Organisers | | Literacy | | Safeguarding | | Careers | | Character education | |
| | Assembly | | Numeracy Month | | Other | | Well-being | | | |
| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
| | A, B, C | D, E, F | A, B, C | D, E, F | A, B, C | D, E, F | | | A, B, C | D, E, F |
| W/C 4 th Sept | Training day | | Training day | | Year 7/11 only | | Timetables etc | | What is C&C <ul style="list-style-type: none">Overview of what C&C is | |
| W/C 11 th Sept | Core values <ul style="list-style-type: none">Identify the core values | | British Values <ul style="list-style-type: none">Identify the British values | | Literacy | | Assembly | | Literacy | |
| W/C 18 th Sept | Literacy | | Literacy | | Literacy | | Assembly | | Assembly – sports hall | |
| W/C 25 th Sept | Literacy | | Literacy | | Literacy | | Assembly | | Safeguarding | |
| W/C 2 nd Oct | Literacy | | Literacy | | Literacy | | Assembly | | Literacy | |
| W/C 9 th Oct | Literacy | | Literacy | | Literacy | | Assembly | | Literacy | |
| W/C 16 th Oct | Literacy | | Literacy | | Literacy | | Assembly | | Training day | |
| Half term | | | | | | | | | | |
| W/C 30 th Oct | Literacy | | Literacy | | Literacy | | Assembly | | Literacy | |
| W/C 6 th Nov | Literacy | | Literacy | | Literacy | | Assembly | | Assembly – sports hall | |
| W/C 13 th Nov | Literacy | | Literacy | | Assembly | | Assembly | | Literacy | |
| W/C 20 th Nov | Literacy | | Literacy | | SLD | | Assembly | | Literacy | |
| W/C 27 th Nov | Literacy | | Literacy | | Literacy | | Assembly | | Safeguarding | |
| W/C 4 th Dec | Literacy | | Literacy | | Literacy | | Assembly | | Literacy | |
| W/C 11 th Dec | Literacy | | Literacy | | Literacy | | Assembly | | Literacy | |

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| W/C 18 th Dec | Literacy | | Literacy | | Literacy | | | | |
| Xmas | | | | | | | | | |
| W/C 1 st Jan | | | | | Training day | | NEACO lesson <ul style="list-style-type: none">CVs and cover letters | NEACO lesson <ul style="list-style-type: none">CVs and cover letters | |
| W/C 8 th Jan | NEACO lesson <ul style="list-style-type: none">CVs and cover letters | | Maximising Your Potential Part 1 <ul style="list-style-type: none">What mistakes are made on CVs | | Maximising Your Potential Part 2 <ul style="list-style-type: none">How to write a CV | | Assembly – work experience CW | CVs - The do’s and don’t’s What should a CV include | |
| W/C 15 th Jan | ICT Room – CV/cover letter | Unifrog <ul style="list-style-type: none">How to navigate Unifrog | ICT Room – CV/cover letter | Unifrog <ul style="list-style-type: none">How to navigate Unifrog | Unifrog <ul style="list-style-type: none">How to navigate Unifrog | ICT Room – CV/cover letter | Assembly | Unifrog <ul style="list-style-type: none">How to navigate Unifrog | ICT Room – CV/cover letter |
| W/C 22 nd Jan | ICT Room – CV/cover letter | Cover letters – part 1 <ul style="list-style-type: none">What is a cover letterHow to write one | ICT Room – CV/cover letter | Cover letters part 2 <ul style="list-style-type: none">What is a cover letterHow to write one | Cover letters – part 1 <ul style="list-style-type: none">What is a cover letterHow to write one | ICT Room – CV/cover letter | Assembly | Cover letters part 2 <ul style="list-style-type: none">What is a cover letterHow to write one | ICT Room – CV/cover letter |
| W/C 29 th Jan | ICT Room – CV/cover letter | The basics of interviews <ul style="list-style-type: none">Tips for interviews Structure of an interview | ICT Room – CV/cover letter | Safeguarding | The basics of interviews <ul style="list-style-type: none">Tips for interviews Structure of an interview | ICT Room – CV/cover letter | Assembly | Safeguarding | ICT Room – CV/cover letter |
| W/C 5 th Feb | Working in... Creative Sectors <ul style="list-style-type: none">Why work in the creative industry | | Volunteering: Exploring Volunteering <ul style="list-style-type: none">What is volunteering and why is important | | Volunteering: Rights & Remuneration <ul style="list-style-type: none">Explore your rights while volunteering for an organisation | | Assembly | Volunteering: How to Find Volunteering Placements <ul style="list-style-type: none">Develop better awareness of the different ways of | |

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| | Which industries are creative | | | | | | | finding volunteer placements. | |
| W/C 12 th Feb | Volunteering: How to Contact Organisations <ul style="list-style-type: none">Develop confidence in contacting organisations for volunteering placements | | Work Experience - Health and Safety in the workplace <ul style="list-style-type: none">Develop knowledge of health and safety in the workplace | | Work Experience - How to behave in the workplace <ul style="list-style-type: none">Understand appropriate behaviour in the workplace | | Assembly | Interview Skills 1 <ul style="list-style-type: none">To understand how to formulate strong answers to person and position specific questions. | |
| Half term | | | | | | | | | |
| W/C 26 th Feb | Impact week | | | | | | | | |
| W/C 4 th Mar | ICT Room – CV/cover letter | Interview Skills 2 <ul style="list-style-type: none">To understand how to formulate strong answers to person and position specific questions. | ICT Room – CV/cover letter | Safeguarding | Interview Skills 2 <ul style="list-style-type: none">To understand how to formulate strong answers to person and position specific questions. | ICT Room – CV/cover letter | Assembly | Safeguarding | ICT Room – CV/cover letter |
| W/C 11 th Mar | ICT Room – CV/cover letter | World of Work: Professional Networking <ul style="list-style-type: none">To understand the importance of | ICT Room – CV/cover letter | Post-16 intentions <ul style="list-style-type: none">Students will understand why planning is important, | World of Work: Professional Networking <ul style="list-style-type: none">To understand the importance of | ICT Room – CV/cover letter | | Post-16 intentions <ul style="list-style-type: none">Students will understand why planning is important, | ICT Room – CV/cover letter |

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| | | professional networking and how it can support your career | | and have a chance to record their Post-16 intentions | professional networking and how it can support your career | | | and have a chance to record their Post-16 intentions | |
| W/C 18 th Mar | Year 10 PPE revision in forms | | | | | | | | |
| W/C 25 th Mar | | | | | | | | | |
| Easter | | | | | | | | | |
| W/C 15 th April | Introduction to Apprenticeships in England and Wales <ul style="list-style-type: none">Understand what apprenticeships areIdentify different sectors you can do apprenticeships in | Rights of apprentices <ul style="list-style-type: none">Understand employment rights in relation to apprenticeships. | Degree Apprenticeships - The right choice for you? Part 1 <ul style="list-style-type: none">Understand more about degree apprenticeship pathways and start to research possibly opportunities. | Assembly | Degree Apprenticeships - The right choice for you? Part 2 <ul style="list-style-type: none">To understand more about degree apprenticeship pathways and start to research possibly opportunities. | | | | |
| W/C 22 nd April | University - The big debate! <ul style="list-style-type: none">To develop an understanding of the pros and cons of going to University | University terminology <ul style="list-style-type: none">To understand the meaning of key terminology related to University. | University vs apprenticeships - The big debate week 1 <ul style="list-style-type: none">To understand the pathways you can take after leaving school and how to make well-informed decisions | Assembly | University vs apprenticeships - The big debate week 2 <ul style="list-style-type: none">To understand the pathways you can take after leaving school and how to make well-informed decisions | | | | |

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| W/C 29 th April | Introduction to my mind 1 <ul style="list-style-type: none"> Identify the types of things that affect our mind Understand the positive and negative effects of our minds | Introduction to my mind 2 <ul style="list-style-type: none"> Know the essential daily activities which contribute to having healthy mind | Healthy Body, Healthy Mind Part one 1 <ul style="list-style-type: none"> Identify what good physical health and mental wellbeing is Understand the links between a healthy body and a healthy mind | Assembly | Healthy Body, Healthy Mind Part one 2 <ul style="list-style-type: none"> Explore top tips to keep your physical and mental health in check |
| W/C 6 th May | Bank holiday | Numeracy Month | Numeracy Month | Assembly | Numeracy Month |
| W/C 13 th May | Numeracy Month | Numeracy Month | Numeracy Month | Assembly | Safeguarding |
| W/C 20 th May | Numeracy Month | Numeracy Month | Numeracy Month | Assembly | Numeracy Month |
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| W/C 3 rd June | Numeracy Month | Numeracy Month | Numeracy Month | Assembly | Numeracy Month |
| W/C 10 th June | Healthy Body, Healthy Mind Part two 1 <ul style="list-style-type: none"> Understand the '5 ways of wellbeing' Identify how the '5 ways of wellbeing' can build your resilience | Healthy Body, Healthy Mind Part two 2 <ul style="list-style-type: none"> Plan strategies to keep your mind and body healthy | Mind-set assessment 1 <ul style="list-style-type: none"> Evaluate your own mindset and create a mindset profile | Assembly | Sports day teams |
| W/C 17 th June | Mind-set assessment 2 <ul style="list-style-type: none"> Understand what your mindset profile group means | Mind training part one 1 <ul style="list-style-type: none"> Understand growth & fixed mindset | Mind training part one 2 <ul style="list-style-type: none"> Identify growth & fixed mindset characteristics | Assembly | Mind training part two 1 <ul style="list-style-type: none"> Understand the importance of challenging yourself |
| W/C 24 th June | Mental Toughness part one 1 | Mental Toughness part one 2 | RSE Day | Assembly | Mental Toughness part two 1 |

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| | <ul style="list-style-type: none"> Understand what mental toughness is. | <ul style="list-style-type: none"> Identify strategies & techniques to be and feel mentally tough. | | | <ul style="list-style-type: none"> Understand 'why' we need to be mentally tough in different situations. |
| W/C 1 st July | Mental Toughness part two 2 <ul style="list-style-type: none"> Identify strategies and techniques to deal with different situations | Mental Toughness part three 1 <ul style="list-style-type: none"> Understand what we mean by mental fitness | Mental Toughness part three 2 <ul style="list-style-type: none"> Identify the physical and mental impact of technology on your health | SLD | Safeguarding |
| W/C 8 th July | No tutor lessons – work experience | | | | |
| W/C 15 th July | Resilience part 1 <ul style="list-style-type: none"> Understand the meaning of Resilience | Resilience part 2 <ul style="list-style-type: none"> Identify techniques and strategies to be more resilient | Determination part 1 <ul style="list-style-type: none"> Understand what grit & determination mean. Why are they important? | Assembly | Determination part 2 <ul style="list-style-type: none"> Identify how we can build and show grit & determination |
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| Spare lessons | Feelings part 1 <ul style="list-style-type: none"> Understand what we mean by feelings | Feeling part 2 <ul style="list-style-type: none"> Understanding the differences and links between feelings, emotions, belief, behaviours and mental health | Emotions part 1 week 1 <ul style="list-style-type: none"> Understand what emotions are and how they differ from our feelings | Emotions part 1 week 2 <ul style="list-style-type: none"> Identify strategies to regulate our emotions | Emotions part 2 week 1 <ul style="list-style-type: none"> Understand what emotional intelligence is. |
| | Emotions part 2 week 2 <ul style="list-style-type: none"> Understand how your emotions can affect others | Mental health 1 <ul style="list-style-type: none"> An introduction to mental health: what it is and who it affects | Mental health 2 <ul style="list-style-type: none"> Understand common myths and facts associated with mental health | Mental health 3 <ul style="list-style-type: none"> Identify the warning signs of poor | Stigma <ul style="list-style-type: none"> Understand what stigma is |

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| | | | | mental health | |
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