

**WEEK 1**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
MAIN	Oven Baked Battered Pollock fillets Fishfingers or Fish Cakes	Meatballs in a Homemade Tomato Sauce	Roast of the Day, Homemade Yorkshire Puddings	Sausages in a Thick Onion Gravy	Mild Chicken Korma with Long Grain Rice and a Homemade Naan Bread
VEGGIE OPTION	Tomato and Herb Pasta	Chilli Con Carne with Long Grain Rice and Nachos	Vegetable Sausages	Cauliflower and Brocoli Pie	Chunky Sweet and Sour Vegetables
VEGETABLES	Beans, Peas, Mushy Peas and Chips	Homemade Potato Wedges, Sweetcorn and Peas	Roast Potatoes, Cauliflower, Green Beans	Creamy Mashed Potatoes, Carrots and Cabbage	Mixed Vegetables and Brocoli
PUDDING	Steamed Chocolate Sponge with Chocolate Sauce	Banana Cake and Custard	Rice Pudding and Jam	Seasonal Fresh Fruit Salad and Instant Whip	Fruit Crunch and Custard
GRAB & GO	Pizzas with various Toppings	Pasta King	Chicken Jo	BBQ Pulled Pork in a Tortilla Wrap	Bacon in a Floured Bap
DAILY SPECIALS	Fresh Filled Baguettes, Jacket Potatoes, Salad Pots and Fresh Fruit	Fresh Filled Baguettes, Jacket Potatoes, Salad Pots and Fresh Fruit	Fresh Filled Baguettes, Jacket Potatoes, Salad Pots and Fresh Fruit	Fresh Filled Baguettes, Jacket Potatoes, Salad Pots and Fresh Fruit	Fresh Filled Baguettes, Jacket Potatoes, Salad Pots and Fresh Fruit